

Off on an adventure IGO

The W114° Montana Challenge, USA

REDEFINING the idea of 'getting away from it all', IGO Adventures organises multi-disciplinary challenges for individuals who can only spare a week of their time. Sign up and, this August, you could find yourself alongside IGO founder Bobby Dundas, 10th Viscount Melville—winner of his class in the 2013 Talisker Whisky Atlantic Challenge—and a team of adventuring amateurs with a taste for the outdoors, exploring Montana's dramatic and diverse terrain.

The W114° expedition marks the first time that IGO has ventured to the USA, although there have been two successful tours in the Norwegian tundra. Deep in the designated wilderness of Flathead National Forest, participants will complete a lake swim, a 5–7-hour mountain-bike trail, a kayak race and a run.

The state motto here, where elk, antelope and bison easily outnumber the population, is 'live and let live'. And what a place to live; Montana's untamed natural beauty—think soaring, craggy peaks that drop down through fragrant pine forests into ice-cold, aquamarine glacier lakes—is unsurpassed.

And it's far from simply being the preserve of adrenaline junkies. Lord Melville's business partner, George Bullard—who holds the record for longest unsupported Arctic journey—truly believes that everyone, regardless of age or experience, has the potential to thrive on this trip. Sign up and a team of professionals, from doctors to personal trainers, will ensure that you cross the line in one piece with a smile. *RP*
From \$3,495 (£2,710) per person (07766 832030; www.igoadventures.com)

While you're there

- Make time for a spot of **stargazing**—Montana is nicknamed 'big sky country'
- **Be prepared** with wet wipes and a travel pillow—don't expect an en-suite bathroom
- Take advantage of a **60-minute gait session** and slow-motion video analysis before you go with partner Beyond Health
- **Focus on your family**—Original Travel can organise wraparound holidays for friends and family once you've crossed the finish line
- If you prefer sand dunes to stetsons, **NW05° Morocco** launches in October, featuring similar disciplines and finishing at Africa's highest ski resort, Oukaimeden, where you'll spend your final night in a luxury Berber tented camp